



Aspire Counseling & Consulting

Services

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CASE MANAGER RESOURCE SHEET

EIDBI · ABA · Occupational Therapy — Bloomington, MN

WHO WE SERVE

Aspire Counseling and Consulting Services provides culturally sensitive, evidence-based therapy for children and youth (ages 0–21) with Autism Spectrum Disorder and related developmental disabilities. We serve the greater Twin Cities metro area and accept Minnesota Medicaid (Medical Assistance).

SERVICES AT A GLANCE

Early Intensive Developmental and Behavioral Intervention (EIDBI)

Billing codes: H2019, H2014, H0046, 97153, 97155, 97156 Ages served: Ages 0–21
Authorization: Minnesota Medicaid (MA) — no private pay

EIDBI is a Minnesota Medical Assistance benefit for individuals with ASD or related conditions. Aspire provides comprehensive assessment, individualized intervention planning, direct therapy, and family training through our BCBA-supervised team. Services are provided in clinic, home, school, and community settings.

Applied Behavior Analysis (ABA) Therapy

Billing codes: 97153 (DTT/NET), 97155 (protocol modification), 97156 (caregiver training) Ages served: Ages 0–21
Authorization: Minnesota MA · Most commercial insurance accepted

Structured, data-driven behavior intervention overseen by a Board Certified Behavior Analyst (BCBA). Skills targeted include communication, social interaction, daily living, play, and reduction of challenging behaviors. Parent/caregiver training is a core component.

Occupational Therapy (OT)

Billing codes: 97165 (eval), 97166, 97167, 97110, 97530 Ages served: All ages
Authorization: Minnesota MA · Most commercial insurance

OT addresses sensory processing, fine motor skills, self-care (feeding, dressing, hygiene), visual-motor integration, and school readiness. Sessions occur in our sensory-equipped clinic or in the community. Co-treatment with ABA is available.

REFERRAL PROCESS

- 1

Submit Referral
Complete the attached Client Referral Form and email to admin@aspirehealmn.com or fax.
- 2

Response Within 1 Business Day
Our intake coordinator will contact the family and case manager to confirm receipt and schedule an intake.
- 3

Intake & Assessment
A comprehensive assessment is completed by our BCBA and OT to determine service needs and develop an individualized plan.
- 4

Authorization & Start of Services
We handle the MA authorization process and coordinate directly with DHS. Services typically begin within 2–4 weeks of referral.

LANGUAGES & CULTURAL COMPETENCY

Services available in English, Somali, Spanish, Amharic, and Oromo. Our team reflects the cultural diversity of the families we serve, and we prioritize culturally responsive, family-centered care.

Ready to refer? Contact our intake team:

☎ (952) 600-4940

✉ admin@aspirehealmn.com

🌐 aspirehealmn.com/referral